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# Healing The Addicted Brain: The Revolutionary, Science-Based Alcoholism And Addiction Recovery Program



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### Synopsis

New York Times Bestseller! "New, scientifically-based approaches that recognize the biological basis of addiction have brought major advances in the treatment of addiction. Dr. Urschel is at the forefront of this treatment paradigm." Dr. Larry Hanselka, Psychologist The Proven Scientific Approach to Conquering Addiction and Defeating the Disease Healing the Addicted Brain is a breakthrough work that focuses on treating drug and alcohol addiction as a biological disease—based on the Recovery Science program that has helped thousands of patients defeat their addictions over the past 10 years. It combines the best behavioral addiction treatments with the latest scientific research into brain functions, providing tools and strategies designed to overcome the biological factors that cause addictive behavior along with proven treatments and medications. Using this scientific approach, you will learn to conquer the physical factors that keep people tied to drug and alcohol addiction. The proven fact is addiction is not a moral failing or an issue of not having enough willpower. It is a disease of the brain that can and must be treated like other chronic medical illnesses —such as diabetes, hypertension, or asthma—in order to defeat the disease. This revolutionary program can triple the success rate of patients, from 20-30% to 90% There Is Hope. By understanding addiction and using 21st-century breakthroughs, for the first time drug and alcohol addiction can be, and will be, defeated.

#### **Book Information**

Paperback: 288 pages Publisher: Sourcebooks; Upd Rev edition (April 1, 2009) Language: English ISBN-10: 1402218443 ISBN-13: 978-1402218446 Product Dimensions: 5.8 x 0.8 x 9.3 inches Shipping Weight: 12.8 ounces (View shipping rates and policies) Average Customer Review: 4.3 out of 5 stars Â See all reviews (117 customer reviews) Best Sellers Rank: #30,263 in Books (See Top 100 in Books) #37 in Books > Health, Fitness & Dieting > Addiction & Recovery > Drug Dependency #81 in Books > Health, Fitness & Dieting > Addiction & Recovery > Alcoholism #114 in Books > Health, Fitness & Dieting > Addiction & Recovery > Substance Abuse

#### **Customer Reviews**

I expected more from a doctor that has made it his career to "help" alcoholics and

addicts. Throughout the book, the author repetitively tells the reader to access more information and resources at the EnterHealth's (the rehab facility the author is affiliated with) website... of course the author never once mentioned that to access that information and those resources would cost \$95 and rapidly escalate up for telephone support (and given the track record, that access will probably point the reader to residential rehab at EnterHealth's facility). Most sales brochures are free, but this one puts the addict and family back about \$11.Also, the climax of this book seems to be the author's fascination with Vivitrol (injectible naltrexone). Author (page 73): "Vivitrol is the breakthrough medicine that will revolutionize the treatment of alcoholism." Wow. In its page-after-page of glowing review the author fails to mention any real downside. Such as throughout a randomized trial of Vivitrol craving persisted (leaving patients to struggle over obsessive thoughts and addictive craving that carry the risk of relapse and death) and there was no progressive decrease in heavy drinking days after the end of the trial. [Source: "Naltrexone treatment for alcohol dependency," Journal of the American Medical Association 294(8) (August 24/31, 2005): 899-900] And, those with liver issues should not take Vivitrol, ... a problem for a certain percentage of people that are alcoholic. That the author doesn't even mention some fascinating research into other medications, such as Baclofen -- a generic no less, shows either bias or ignorance of current trends in research and thought.

A family member read the book, went to the treatment program in Texas. The family member was sober at the time, having detoxed themselves before heading there - they had been completely sober for two weeks. A doctor talked the family member into taking the drug soboxone saying it would be helpful to the brain in the recovery process. No matter how much the family member resisted the doctor eventually talked them into taking the drug. When the family member returned home after a 60-day stay they continued to visit the clinic in town to get the psychiatrist to give them the soboxone script. The family member became a walking zombie, completely lost all motivation to do anything. They didn't want to use the street drugs anymore, but became a raging gambler instead, stumbling around in a drunk haze, completely deadened, with no sense of right or wrong and completely out of control. The drugs cost \$400 dollars a month, the recommended doctor visits consisting of a psychiatrist and a psychologist (who you are referred to by the center) another \$400 a month, but the patient was still dependent and appeared to be slightly brainwashed. Despite all the drugs and the talking and the treatment center the patient gambled away a small fortune! It was very scary. Our family spent almost \$70,000 at this center and there hasn't been a single phone call to check on them! The psychologist who was so concerned about the patient, hasn't picked up the

phone to inquire after the patient since they discontinued going there. The center psychologist and the post-treatment psychologist made the patient feel so loved and cared for at the sessions, but not a call since the sessions discontinued leaving the family member feeling even more worthless.

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